

# Rapid Sanitation uptake in Internally Displaced People Camps N. Uganda through Community Health Clubs

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# Districts of Uganda



## KEY

- DISTRICTS**
- 1 Kampala
  - 2 Jinja
  - 3 Rukungiri
  - 4 Kanungu

- International Boundary
- - - District Boundary
- ☁ Body of water



89% pop. in Gulu displaced

A photograph showing a long, narrow dirt path in an IDP camp. On both sides of the path are simple huts or shelters. The roofs of these huts are covered with bright orange tarpaulin, which is draped over wooden poles. The walls of the huts appear to be made of mud or brick. The ground is dry and dusty. In the background, more huts and a clear blue sky with some white clouds are visible. The overall scene depicts a makeshift settlement in a dry, arid environment.

**Insurgency for the past 18 years**

**33 IDP Camps**

**Population in each camp**

**15,000 to 68,000**

# Camps guarded by military against continued rebel attacks



- Limited access to water
- >5% sanitation coverage
- Diarrhoea common
- Cholera outbreaks

# **CARE International**

**Funded by Gates Foundation**

**Emergency Programme in 15 Camps**

**(40,000 households)**

- |                         |                   |
|-------------------------|-------------------|
| <b>1. Bobi</b>          | <b>9. Paicho</b>  |
| <b>2. Abili</b>         | <b>10. Awer</b>   |
| <b>3. Ongako</b>        | <b>11. Pabbo</b>  |
| <b>4. Palenga</b>       | <b>12. Opit</b>   |
| <b>5. Lapainat west</b> | <b>13. Pagak</b>  |
| <b>6. Lacor</b>         | <b>14. Lalogi</b> |
| <b>7. Keyo</b>          | <b>15. Coope</b>  |
| <b>8. Teyapadola</b>    |                   |

# AMBITIOUS TARGETS

HOW ?



## WITHIN 6 MONTHS

- 10,000 latrines
- 120,000 people exposed to health promotion



# **The A.H.E.A.D METHODOLOGY**

## **using COMMUNITY HEALTH CLUBS**

**In each of the IDP 15 camps**

- 50% households within a Community Health Club**
- 50% of Health Club members with household latrine**
- Each latrine shared by 2 households**

**NEEDED:**

**120 clubs x 100 members (5-20 health clubs per IDP Camp)**

**One trainer for every five health clubs: 24 in 15 camps**

An NGO was formed in Gulu to implement this programme

## **Health Integrated Development Organisation**



25 clinicians were trained in PHAST participatory methodology in a 5 day workshop, and they were posted to 15 IDP camps





18,844 members were registered and given membership cards



Weekly health sessions were held for each club in 15 camps

<b>No.</b>	<b>Topic</b>	<b>Homework</b>
1.	Safe Water Chain	Cover water; 2 cups
2.	Safe Food Chain	Pot rack; hanging basket
3.	Sanitation Ladder	Clean latrine; cat sanitation
4.	Sanitation Planning	Dig pits
5.	Diarrhoea ORS	Build latrines
6.	Hand washing	Tippy Tap
7.	Cholera/ typhoid	Water Source Cleanup
8.	Skin/eye disease	Bedroom Cleanup
9.	Worms	De-worming
10.	Nutrition	Food processing
11.	Good kitchen	Lorena Stove
12.	Drama and songs	Practice drama
13.	Environment	Hay basket
14.	Malaria	Drainage & clearing
15.	Coughs and colds	Mats and ventilation
16.	Bilharzia	Bathing Shelter
17.	TB	Community Project
18.	HIV/AIDS	Community Project
19.	Home based Care	Community Project
20.	Family Planning	Community Project

# Quantifying Health Promotion



87% completed  
all 20 sessions

Cards were signed each time a member attended a session



75% CHC  
members

11,709 health club members built drying racks in 6 months



11% CHC members



53% CHC members

1,682 Hand washing facilities (Tippy Taps) constructed  
8,145 bathing shelters constructed in 6 months

In each of 15 camps a Sanitation CBO was formed.

Women trained to produce cement sanplats

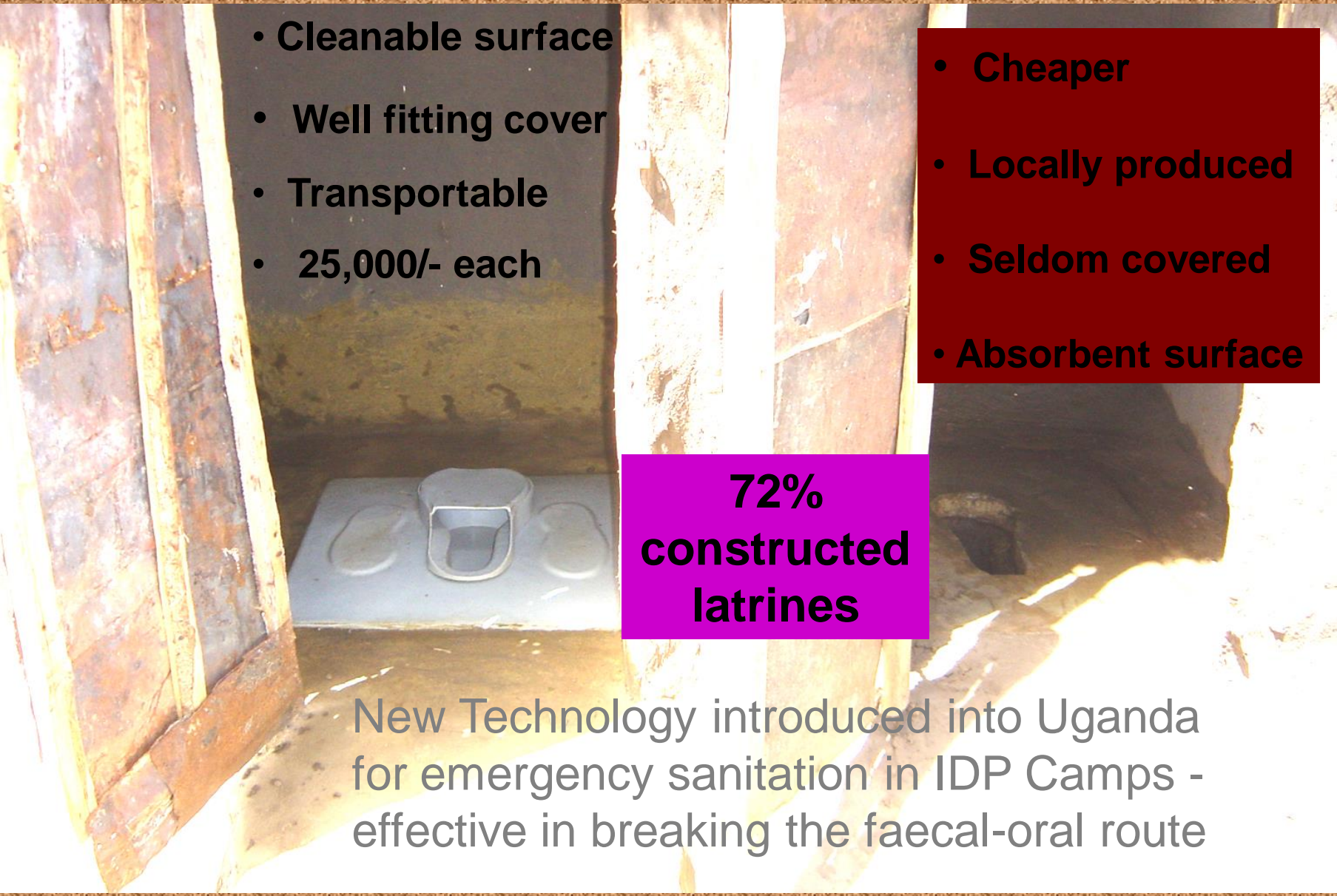
49 latrine pedestals made for disabled



Sanplats were bought by CARE for 8,000/-

Donated to those CHC h/holds who had dug pits

2,120 wooden covers for sanplats

- 
- Cleanable surface
  - Well fitting cover
  - Transportable
  - 25,000/- each

- Cheaper
- Locally produced
- Seldom covered
- Absorbent surface

**72%  
constructed  
latrines**

New Technology introduced into Uganda for emergency sanitation in IDP Camps - effective in breaking the faecal-oral route

+2,500 Poly sanplats installed + 2,120 cement sanplats



## ACHIEVEMENTS

Item	Target	4 months	6 months
Health Clubs	120	116	116
Members	12,000	15,522	15,522
Beneficiaries	120,000	93,132	93,132
CHC Coverage	50%	40%	40%
Latrines	10,000	8,583	11,256
CHC latrine coverage:	50%		72%
Health sessions	2,400	1,650 (71%)	2,760
Sessions per club	20	16	+20

Info on Health Clubs: [www.africaahead.com](http://www.africaahead.com)

Email: [juliet@africaahead.com](mailto:juliet@africaahead.com)

Ugandan Contact HIDO: [hidogulu@yahoo.com](mailto:hidogulu@yahoo.com)

## WEDC papers on Health Club methodology:

1999: Structured Participation in Community Health Clubs.

2000: Demand Led Sanitation in Zimbabwe.

2003: Cost Effective Health Promotion: Community Health Clubs.

2005: Decreasing Communicable diseases through improved hygiene in Community Health Clubs

Polyfibre sanplats: [Info@polyfibre.co.ug](mailto:Info@polyfibre.co.ug)

# CASE STUDY CHC PADER

MC/UNICEF/HIDO

By Otai Justin

# Camps in Pader (HIDO)

- Health integrated Development Organization (HIDO) implemented Hygiene and sanitation promotion activities in Pader :9 satellite camps of:
  - Opyelo - Patongo sub county
  - Olupe - Omot sub county
  - Kwonkic - Lira Palwo sub county
  - Kazi kazi - Arum sub county
  - Lunyiri - Rackoko sub county
  - Angole - Awere sub county
  - Ogonyo - Puranga sub county
  - Agora - Kilak sub countty
  - Lajeng — Laguti sub county

# Pre-implementation

capacity building of the staff by:

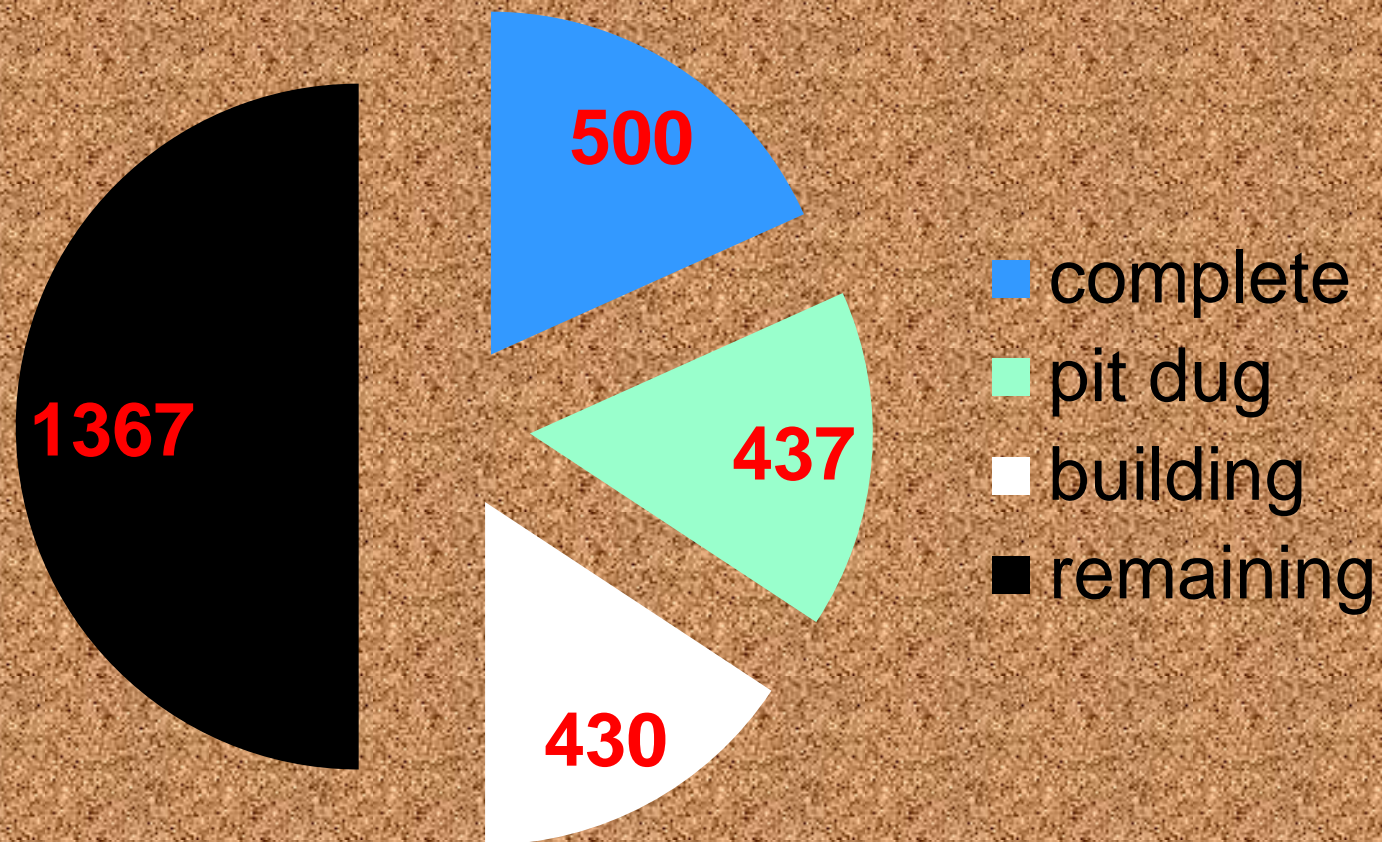
- **Training on the participatory Hygiene and sanitation concept (PHAST)**
- **Training on Community Health Club Concept (CHC)**
- This capacity building exercise was focused on the Applied Health Education and Development (AHEAD) principle

# The immersion phase

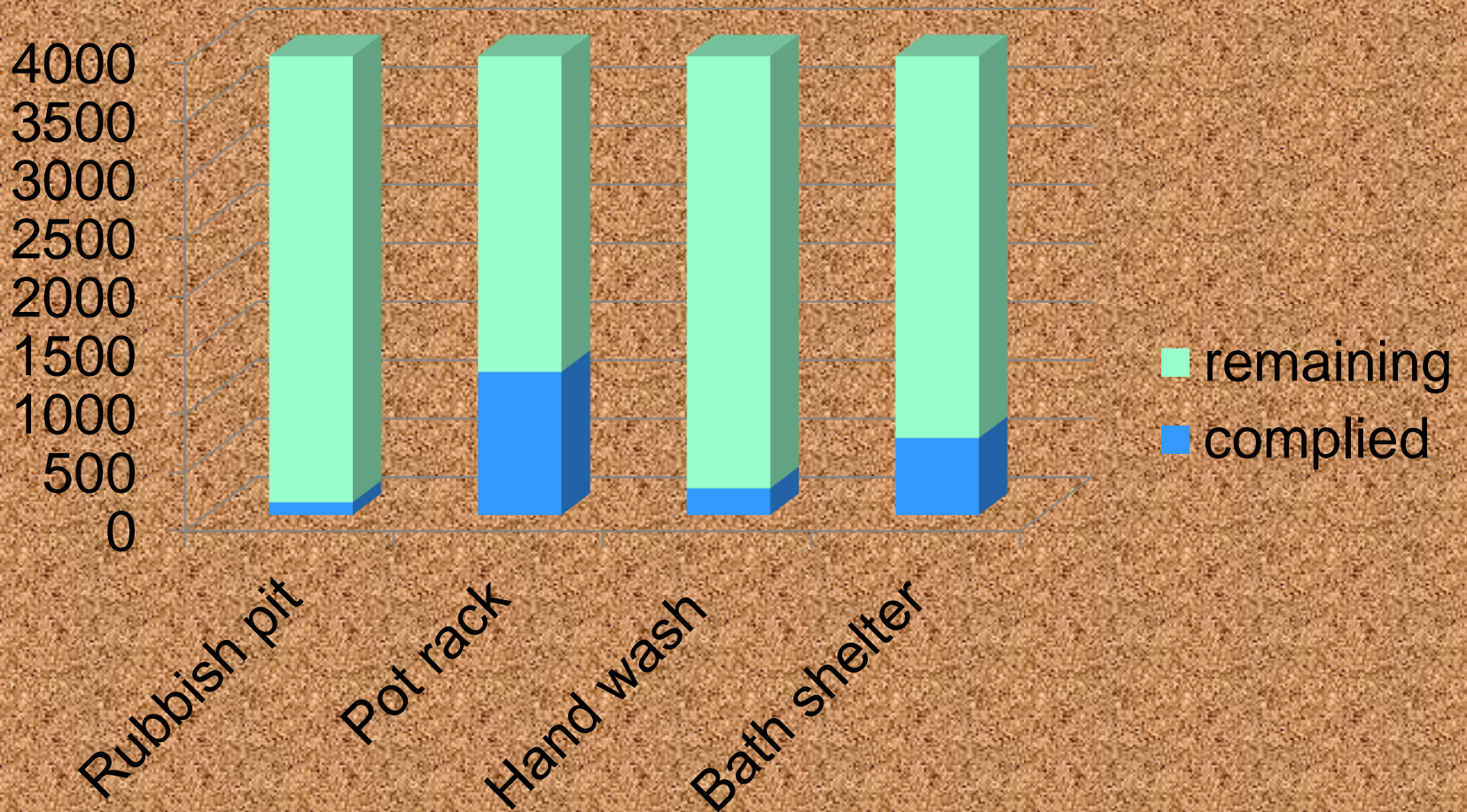
## The immersion phase.

- This was the stage where the HIDO staff were introduced to the various satellite camps where they were operating.
- They got to be known and to know the community they worked with.
- The introduction of HIDO program and staff to the District of Pader as whole.
- Action planning with the communities.
- Implementation of agreed activities.

# Latrine construction after 3 months (March 2007)



# After 3 months





# Key to the table above

- CHC — Community Health Clubs
- CL — Completed Latrines
- PD — Pits Being Dug
- UCL — Un completed latrines
- RP — Refuse Pit
- DR — Drying Rack
- HWF — Hand Washing Facility
- BS — Bath Shelter
- HHS — House Holds.

# Latrine construction Angole camp

- Work at progress (left woman ,right man)



# Training of promoters

- PHAST training



# Knowledge base

- CHC sessions in progress



# practical Progress registered a two stance latrine with hwf



12-Apr-24

**DRYING RACK-  
KWONIKIC CAMP**

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# Music Dance and drama by CHCs

- The groups perform by singing, dancing and dramatizing themes that are Hygiene and sanitation related



# CHCs doing it themselves

- **DRAMA, CLEAN HOME**



# CHC sessions/meetings

- **HIDO staff conducting a community meeting -agora camp**



12-Apr-24



# Water source maintenance

- **Bore hole in an IDP camp – Agora camp**



**Soak pit in place**  
12-Apr-24

**TYPICAL BATH SHELTER shutter** latrine with a blanket as a door



**improvised door shutter**



**Un acceptable practice**

# From congestion to decongestion



12-Apr-24

**EXAMPLES OF achievements KWONKIC CAM**

# A COMMUNIAL RUBBISH PIT

Left over ashes after



# Beyond hyg & san

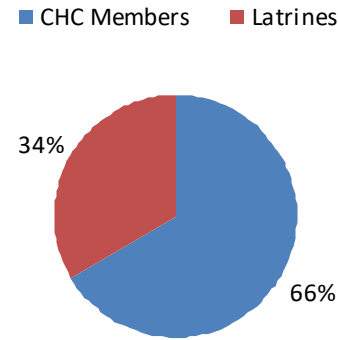
- **DRAMA BY YOUTH GROUP-  
KWONKIC ON HIV/AIDS**



# Status at phase out

- What was it at phase out of the program? The Pader Latrine coverage in the league table of 2007

**Sanitation in CHC in IDP Camps, Pader, Uganda**  
after 3 months health sessions



# Pader in Uganda

Pader

