An African Charity based in Zimbabwe: www.africaahead.com

Training NGOs in Africa to start up Community Health Clubs

Learn the secret of CHC from the Source

Africa AHEAD is the originator and leading organisation internationally for training in the Community Health Club (CHC) model of community mobilisation. Since 1995 when we first pioneered this approach in Zimbabwe, we have trained project officers from over 50 NGOs, government officials and village based facilitators, in our unique method of health education. The CHC training promotes good hygiene, safe water, sanitation and nutrition, as well as empowering women to take control of their own health to prevent diseases such as diarrhoea, cholera, malaria, bilharzia, respiratory infections including Covid 19. In replicating this approach through other NGOs we have helped in the establishment of Community Health Clubs in many countries in Africa, particularly Zimbabwe, Rwanda, Uganda, Tanzania, Kenya, Guinea Bissau, Sierra Leone, DRC and South Africa reaching over 5 million people. The CHC model is now also being used in the USA (San Antonio) & Haiti. We can help you achieve successful hygiene behaviour change in a WASH project in Africa so please join our online Zoom workshops.

CHC Replication through online training

In the past 2 years we have trained 180 participants online, from 14 different countries resulting in 4 projects:

- **Kenya, Kisii Homa Bay:** Global Health Connection, funded by Rotary Club of Denver have 8 CHCs which gone onto the next phase of Income Generation.
- **Malawi Water Project** based in Victoria, Canada, have supported training of 3 CHCs in two districts of Malawi.
- **South Sudan:** Samaritans Purse had 15 staff trained and have started 4 CHCs in two districts.
- **Malawi:** Transform International funded by Rotary Club (Niagra on the Lake) starting 11 CHCs in Malawi.

**CHCs at scale**

Africa AHEAD in Zimbabwe started almost 1,000 CHCs in the past 2 years with an approx. 25,700 mem- bers & 2.2 million beneficiaries in 14 districts with a team of 50 staff. We provided the manual and the training for the core trainers through Ministry of Health in Rwanda for a national programme to enable over 14,000 villages to start CHCs.

Right: CHC in Kenya. Left: CHC in Malawi.
Courses offered online by Africa AHEAD Association, starting August 2022

<table>
<thead>
<tr>
<th>Module 1. Introduction to the CHC Model</th>
<th>Module 3. Monitoring Hygiene Behaviour Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type of participant: Senior management</td>
<td>Type of participant: Project staff / enumerators</td>
</tr>
<tr>
<td>Duration: one day seminar</td>
<td>Duration: 6 hours per day - 4 full days</td>
</tr>
<tr>
<td>Cost per participant: US$50</td>
<td>Cost per participant: US$ 100</td>
</tr>
<tr>
<td>Number of participants: Minimum 10</td>
<td>Number of participants: Minimum 15</td>
</tr>
</tbody>
</table>

**Powerpoint presentations:**

1. What makes people change?
2. Common Unity or community?
3. Integrated Development through AHEAD
4. Community Health club Membership
5. Expected Outcomes from a CHC Project

<table>
<thead>
<tr>
<th>Module 2. Planning to start a CHC Project</th>
<th>Module 4. Training Facilitators</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type of participant: Managerial project staff</td>
<td>Type of participants: Village based facilitators</td>
</tr>
<tr>
<td>Duration: 5 full days (field work)</td>
<td>Duration: 9 full days - one per week</td>
</tr>
<tr>
<td>Group of 3-5 participants: US$ 350</td>
<td>Cost per person: US$ 250 (Minimum 20)</td>
</tr>
</tbody>
</table>

**Practical Assignments**

1. Mapping of Community Health Club area
2. Assessing Health Challenges
3. Conducting a Needs Assessment
4. Design of the membership card
5. Deciding on the targets for the CHC Project
6. Training of the CHC Facilitators

**Practical training:**

1. ‘Mwater’ App. download
2. The Membership Card
3. Household Inventory Survey tool
4. Enumerator Feedback from field
5. Possible adaptation of the survey
6. How to do the Village Registry

**Africa AHEAD Online facilitators**

Dr. Juliet Waterkeyn, the originator of the CHC Approach has been researching the CHC and training for the past 30 years and is responsible for the dissemination of CHCs into Zimbabwe, Rwanda, Guinea Bissau, Sierra Leone, Uganda, Kenya, Tanzania, Malawi, Zambia, South Sudan, DRC and South Africa as well as Vietnam and Albania. She is based in Cape Town, South Africa.

Monitoring Manager Julia Pantoglou, MPh. who has been researching CHC since 2015 in Rwanda, developed the Africa AHEAD Survey for Hygiene Behaviour Change Household Inventory for use on mobile devices facilitates Module 3. She is based in UK.

**Contact:** Dr. J. Waterkeyn, Co-founder Director of Research and Training, Africa AHEAD Association, Cape Town, South Africa. 27 (0) 780083588

**Book all courses online**

[www.africaahead.com/online-training-resources/](http://www.africaahead.com/online-training-resources/)

Email juliet@africaahead.com