



AFRICA AHEAD



An African Charity based in Zimbabwe: www.africaahead.com

Training NGOs in Africa to start up Community Health Clubs

Learn the secret of CHC from the Source

Africa AHEAD is the originator and leading organisation internationally for training in the Community Health Club (CHC) model of community mobilisation. Since 1995 when we first pioneered this approach in Zimbabwe, we have trained project officers from over 50 NGOs, government officials and village based facilitators, in our unique method of health education. The CHC training promotes good hygiene, safe water, sanitation and nutrition, as well as empowering women to take control of their own health to prevent diseases such as diarrhoea, cholera, malaria, bilharzia, respiratory infections including Covid 19. In replicating this approach through other NGOs we have helped in the establishment of Community Health Clubs in many countries in Africa, particularly Zimbabwe, Rwanda, Uganda, Tanzania, Kenya, Guinea Bissau, Sierra Leone, DRC and South Africa reaching over 5 million people. The CHC model is now also being used in the USA (San Antonio) & Haiti. We can help you achieve successful hygiene behaviour change in a WASH project in Africa so please join our online Zoom workshops.

CHC Replication through online training

In the past 2 years we have trained 180 participants online, from 14 different countries resulting in 4 projects:



CHCs at scale

Africa AHEAD in Zimbabwe started almost 1,000 CHCs in the past 2 years with an approx. 25,700 members & 2.2 million beneficiaries in 14 districts with a team of 50 staff. We provided the manual and the training for the core trainers through Ministry of Health in Rwanda for a national programme to enable over 14,000 villages to start CHCs.

Right : CHC in Kenya. Left: CHC in Malawi.

<p>Kenya, Kisii Homa Bay: Global Health Connection, funded by Rotary Club of Denver have 8 CHCs which gone onto the next phase of Income Generation.</p>	<p>Malawi Water Project based in Victoria, Canada, have supported training of 3 CHCs in two districts of Malawi.</p>	<p>South Sudan: Samaritans Purse had 15 staff trained and have started 4 CHCs in two districts.</p>	<p>Malawi: Transform International funded by Rotary Club (Niagra on the Lake) starting 11 CHCs in Malawi.</p>
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Courses offered online by Africa AHEAD Association, starting August 2022

Module 1. Introduction to the CHC Model

Type of participant: Senior management

Duration: one day seminar

Cost per participant: US\$50

Number of participants: Minimum 10

Powerpoint presentations:

1. What makes people change?
2. Common Unity or community?
3. Integrated Development through AHEAD
4. Community Health club Membership
5. Expected Outcomes from a CHC Project

Module 2. Planning to start a CHC Project

Type of participant: Managerial project staff

Duration: 5 full days (field work)

Group of 3-5 participants: US\$ 350

Practical Assignments

1. Mapping of Community Health Club area
2. Assessing Health Challenges
3. Conducting a Needs Assessment
4. Design of the membership card
5. Deciding on the targets for the CHC Project
6. Training of the CHC Facilitators

Africa AHEAD Online facilitators

Module 3. Monitoring Hygiene Behaviour Change

Type of participant: Project staff / enumerators

Duration: 6 hours per day - 4 full days

Cost per participant: US\$ 100

Number of participants: Minimum 15

Practical training:

1. 'Mwater' App. download
2. The Membership Card
3. Household Inventory Survey tool
4. Enumerator Feedback from field
5. Possible adaptation of the survey
6. How to do the Village Registry

Module 4. Training Facilitators

Type of participants: Village based facilitators

Duration: 9 full days - one per week

Cost per person: US\$ 250 (Minimum 20)

If you have selected a village, enroll your CHC facilitators to be trained in 25 Topics (each with <20 visual aids and facilitator guides)

downloadable to print including the following:

Practical participatory activities: Home Hygiene, Personal hygiene, Safe water chain, Zero Open Defecation, Improved sanitation, Malaria, Covid 10, Hand-washing, Bilharzia, Worms, Skin Disease, Respiratory disease, HIV/AIDS, childcare, Immunization, Gender Issues, Nutrition, Substance abuse, Female hygiene.



Dr. Juliet Waterkeyn, the originator of the CHC Approach has been re- searching the CHC and training for the past 30 years and is responsible for the dissemination of CHCs into Zimbabwe, Rwanda, Guinea Bissau, Sierra Leone. Uganda, Kenya, Tanzania, Malawi, Zambia, South Sudan, DRC and South Africa as well as Vietnam and Albania. She is based in Cape Town, South Africa



Monitoring Manager Julia Pantoglou, Mph. who has been researching CHC since 2015 in Rwanda, developed the Africa AHEAD Survey for Hygiene Behaviour Change Household Inventory for use on mobile devices facilitates Module 3. She is based in UK.

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Book all courses online

www.africaahead.com/online-training-resources/

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