

HOW WE CAN HELP?

Africa AHEAD is a registered British Charity and the originator of the Community Health Club Model: a practical and integrated process which can achieve all SDGs within a selected community within a four year period.

This village structure ensures that women are empowered, disease prevented and standard of living improved in a sustainable way.

BUILDING CAPACITY

We can partner with your organisation and implement the 'software' component, train your trainers and develop appropriate training material for your area, so that your organization can role out the CHC Approach.

Please note, we do not provide funding.

TRAINING

We have two Regional hubs with experienced trainers in:

- Harare, Zimbabwe
Country Director: Regis Matimati
regis@africaahead.com
- Kigali, Rwanda
Country Director: Joseph Katarbarwa

SUPPORT Africa AHEAD

We have been practicing Integrated Development for the past 20 years, and have reached over 1.5 million people through Community Health Clubs.

We are constantly looking for funding to scale-up existing programmes in Rwanda, Democratic Republic of Congo, Uganda, Zimbabwe and new ones in Mozambique, Zambia, Sierra Leone.

Africa AHEAD SIDE EVENT Programme

CHAIRMEN:

Darren Saywell (PLAN International)

Jan Willem Rosenboom (Bill & Melinda Gates Foundation)

8.30: Dr. Juliet Waterkeyn: CEO Africa AHEAD

A Practical Model to achieve 8 x SDG targets

9.00: Louis Tobergte & Andrew Muringaniza

Sustainability of Community Health Clubs

9.30: Joseph Katarbarwa & Julia Pantoglou

Monitoring Behaviour Change in Rwanda.

10.00: Tea

10.15: Jason Rosenfeld: University of Texas

Community Health Clubs in Haiti.

10.45: Regis Matimati & Juliet Waterkeyn

Civic organization in 6 Towns in Zimbabwe.

11.15 Panel Discussion on Urban Sanitation



Africa AHEAD: Applied Health Education and Development

Sustainability and Scale through Community Health Clubs

Please contact the CEO Juliet Waterkeyn, if you are interested in supporting these successful projects or wanting training in the CHC Approach.

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THE WATER INSTITUTE
UNIVERSITY of
NORTH CAROLINA

Water & Health



Wondering how the
SDGs can be
achieved?

**-Attend this side
event!**

**'Sustainability
through
Civic Organisation'**

Case Studies &
Panel Discussion
on
Urban Sanitation through
Community Health Clubs

**Please join us
and debate!**

FRIDAY : 8.30—12.00

30th October, 2015.

Windflower Room

SUSTAINABLE DEVELOPMENT GOALS

A.H.E.A.D:

Applied Health Education & Development
Holistic, Integrated, Sustainable & Scalable.



Integrated Development through Community Health

<p>1</p>	<p>1: End Poverty</p>	<p>A Community Health Club (CHC) is a committed group which represents most of the households in an area, in order to prevent disease by improving knowledge, skills and living standards.</p>	<p>Stage 1: HE Health Education</p> <p>88% of all infant deaths can be prevented by good hygiene minimizing not only diarrhoea, but ARI, HIV/AIDS, malaria, bilharzia, stunting, worms, skin/eye disease & poor birthing.</p>	<p>3</p>
<p>2</p>	<p>2: End Hunger</p>	<div data-bbox="770 526 1514 1090" data-label="Diagram"> </div>	<p>Stage 2: WASH Water Sanitation & Hygiene</p> <p>Community Health Clubs mobilize every household to improve their hygiene, kitchen facilities, protect existing water sources and build their own clean latrines.</p>	<p>4</p>
<p>3</p>	<p>3: Prevent Disease</p>	<p>A Positive Approach: CHC Members meet regularly each week for two hours and through participatory activities they achieve common understanding, and with informed decisions they take group action.</p> <p>The CHC forum provides the missing link for sustainable and integrated development and is a practical model for implementing the SDGs through district Local Authority.</p>	<p>Stage 3: FAN Food Agriculture & Nutrition</p> <p>With training in organic farming in a communal nutrition garden all mothers can provide a balanced diet to combat malnutrition and ensure food security for all.</p>	<p>6</p>
<p>4</p>	<p>4: Education Equity</p>	<p>Stage 4: SL Skills & Livelihoods</p> <p>Women are trained to make soap, dry vegetables, process oil, peanuts, herbs, honey and to market produce within the community and externally.</p>	<p>5</p>	
<p>5</p>	<p>5: Empower Women</p>	<p>2</p>		
<p>6</p>	<p>6: Water & Sanitation</p>	<p>7</p>		
<p>7</p>	<p>7: Save Environment</p>	<p>8</p>		
<p>8</p>	<p>8: Skills for Work</p>	<p>1</p>		