



APPLIED HEALTH EDUCATION AND DEVELOPMENT (AHEAD)

AFRICA AHEAD which first pioneered the cost-effective Community Health Club Model as a vehicle for development particularly in areas of:

- Public health and disease control
- Hygiene and sanitation
- Community-based water management
- Food security, nutrition and livelihoods
- Empowerment of women

We are a UK registered charity (No: 1151795) working in Zimbabwe, Rwanda, Uganda and South Africa with over 25 years of successful development throughout Africa.

EMAIL:

juliet@africaahead.com

ADDRESS:

95 Dorries Drive,
Simon's Town
Cape Town
South Africa 7975

TELEPHONE:

27 21 7862664

SKYPE

juliet.waterkeyn

WEBSITE

www.africaahead.com

NAME: Dr. Juliet Waterkeyn, CEO Africa AHEAD

Dr. Juliet Waterkeyn has been a main instigator of the Community Health Club (CHC) approach over the past 30 years, since she first pioneered the concept in 1995 in Zimbabwe. In the past decade, she has been responsible for introducing the CHC model into many countries, particularly in Africa. She was the Founding Director of Zimbabwe AHEAD (1999 -2013), the first organisation to pilot this approach, and has worked as a consultant with many agencies and NGOs on behalf of Africa AHEAD, which was started in 2005 to replicate and scale up this work. She has developed CHC training packages for Zimbabwe, South Africa, Rwanda and Vietnam, and published extensively on the subject. She was awarded a Fellow of the Royal Society of Tropical Medicine & Hygiene (2004) and an AMCOW Award as 'distinguished woman leader in sanitation' in 2010.

TITLE: "I Am Not Nobody Now": Empowering Women through Community Health Clubs

ABSTRACT:

This presentation provides some background to the rationale for the way the Community Health Club Model of development works. With the challenge of the WASH sector to achieve the MDG targets in water and sanitation it offers a diagnosis of where we maybe going wrong. It explores the rationale of targeting the Group rather than the Individual, and asks whether Communities really have the 'Common Unity' of knowledge and understanding and a sense of common purpose to enable them to achieve a consensus of action. More than half the 6 million children who die annually could be saved by simple practices by the family, and the CHC training claims to be able to achieve this. Through addressing health issues holistically the CHC model is able to give women the ability to prevent most common diseases which threaten the survival of their children. The CHC Model appeals to women in particular because it enable them to have the knowledge and understanding, as well as the support of their peers to be effective agents for change. The sense of achievement and identity which is provided to members of Community Health Clubs is the reason for their popularity. The talk is backed up with inspirational stories, photos and quotations from women in CHCs in the past decade in Zimbabwe, Rwanda, Uganda, Sierra Leone and Guinea Bissau. (*Full presentation with text available on www.africaahead.com*)