



Health Promotion in Gulu

One month after start up

Feb.2005

Project Target: 125,000 participants

Sanitation target : 10,000 latrines

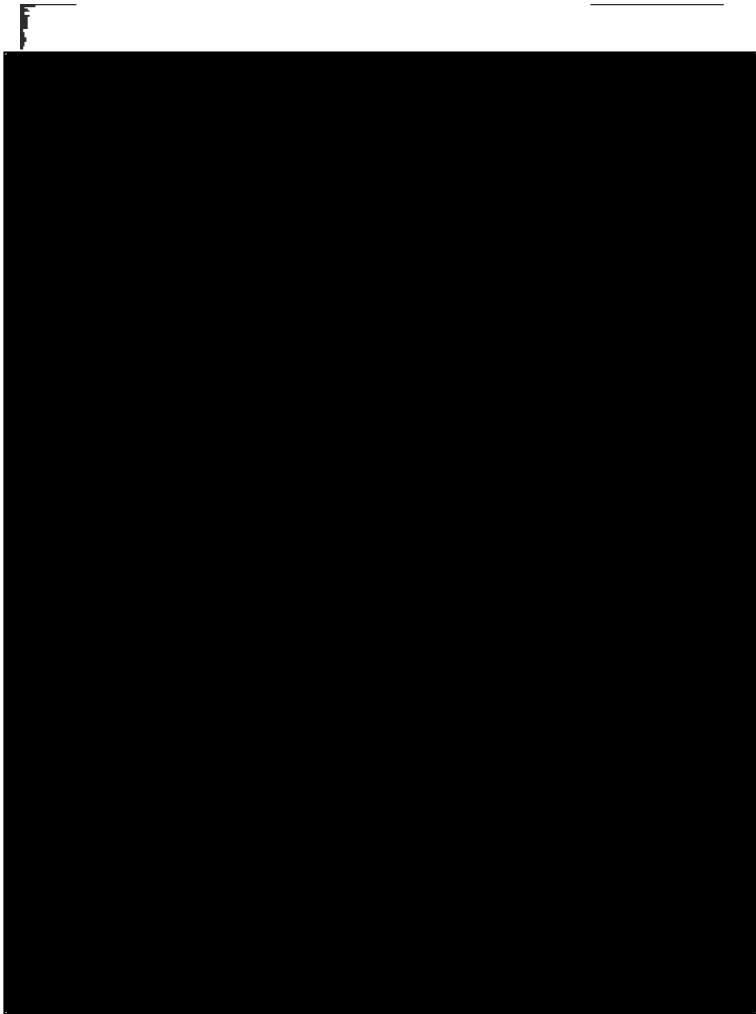


**Implemented by
CARE International
and HIDO NGO**

In 15 IDP camps



November 2004: 25 trainers from HIDO complete 5 day training in PHAST and AHEAD approach



Training materials developed and adapted for 7 topics



Tool Kit for the following topics:

- q **Safe Water Chain**
- q **Safe Food Chain**
- q **Sanitation Ladder**
- q **Malaria**
- q **Bilharzia**
- q **Skin Diseases**
- q **Worm infestation**

Adapted from Min of Health,
WaterAid and AHEAD
PHAST kits



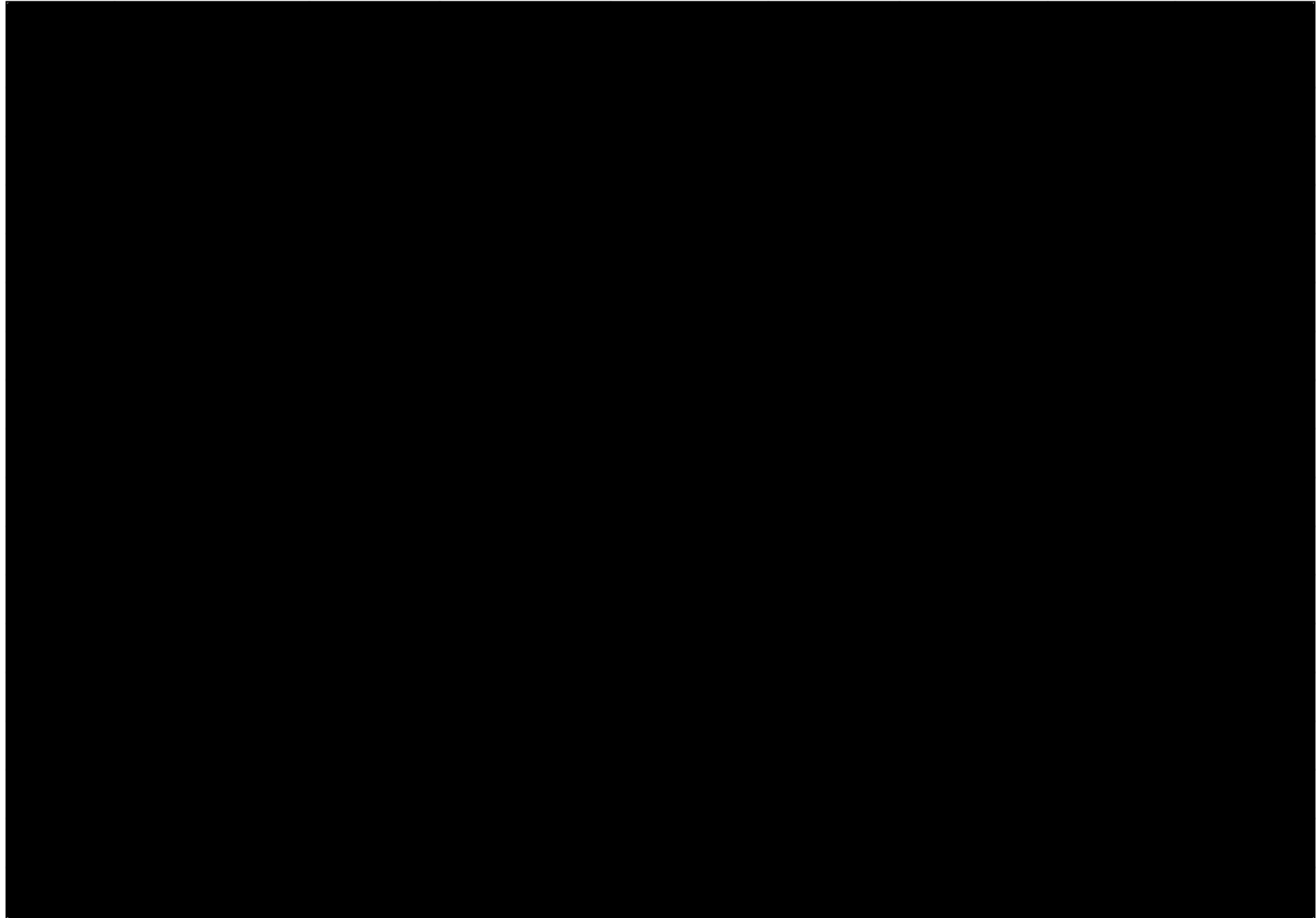
PHAST: Learning how to facilitate participatory training sessions with visual aids

Participatory Activities include:



- q **Three Pile Sorting**
- q **Ranking**
- q **Safe Water chain**
- q **Safe Food chain**
- q **Sanitation Ladder**
- q **Blocking the Route**
 - Diarrhoea**
 - Malaria**
 - Bilharzia**
 - Skin Disease**
 - Worms**

Strategy : Community Health Clubs



Membership card Topics





Membership Cards distributed
: 12,000

Population of 38,000 h/holds in 15 IDP camps

Baseline survey of 1,940 households (5%)

18.6% of latrines were clean

4.4% of latrines had sanplats

4.8% had covers for squat hole

18.6% had clean latrines

3.5% had water in basin for washing hands

5.6% had mosquito nets

Mobilisation of Communities



Drama Presentations at 15 IDP Camps by Gwo Kwo Group



Sensitisation of Camp Leaders and Sanitation Committee



Training in Sanplat/ Tippy tap production

33 CBOs



Casting yards

built in 16 Camps

**180 people trained to cast
sanplats**

6,037 sanplats produced

**902 sanplats brought from
CBOs by CARE at US\$ 5.71**

**Total of US\$ 5,154 earned
by IDPs to date**

Material, Training & Monitoring

Cost: US\$21,927

**Estimated cost of each sanplat :
US\$8**





Distribution Strategy:

First 100 CHC members to dig latrine pits in each camp get a poly sanplat



Sanitation to date: February 2005

7,001 pit latrines in 25 camps



525 with Poly sanplats

902 with cement
sanplats





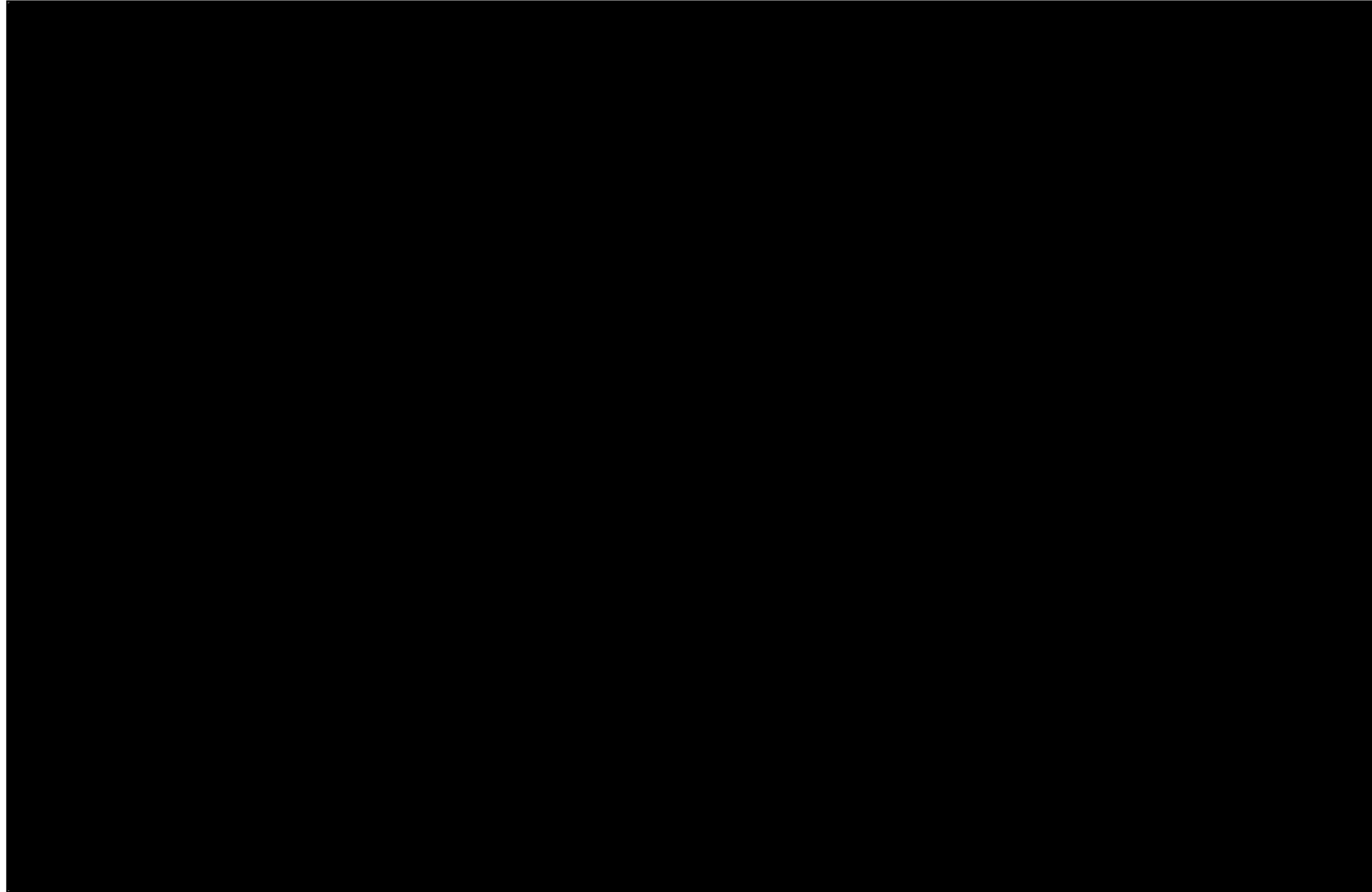
Distribution of ITNs

11,800 ITNs to
Pregnant mothers and
mothers with children
under 5yrs

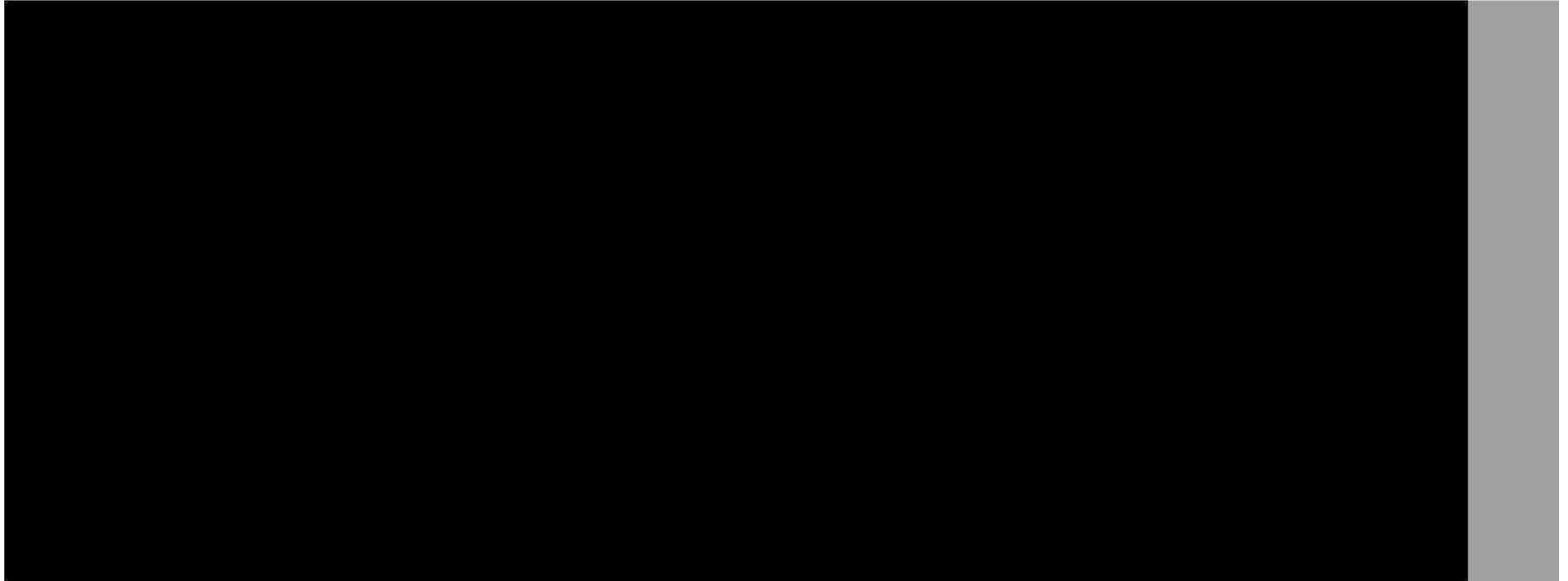
5,000 ITNs as
incentive for latrine
construction

Balance to distribute:
7,200

Ranking of Trainers according to number of CHC members



Evaluation of Trainers reaction to CHC Approach



HIDO FIELD STAFF



How can we support them to do the job well?

What remains to be done?

- **Approx. 5,000 sanplats and latrines constructed = 4.5 months**
- 18 health promotion topics in 15 IDP camps
(for 5 clubs per trainer) = 4.5. months
- Graduation of 120 health clubs with certificates
- Balance of 7,000 ITNs to distribute
- Hygiene behaviour changes in IDP camps
- Post intervention Survey and data analysis

Do we have an exit strategy?

Development is a process and takes time

Community Health Clubs are a vehicle for development

Planning for eventual resettlement of IDP in home village

Improved home hygiene is the first step in self reliance

Are the IDP self reliant?

The next Phase: Social Reconstruction

HIV/AIDS and Coping strategies : Prevention
and Home based Care training

Nutrition and use of medicinal herbs

Self motivation and weaning from dependency

Tackling alcohol and drug abuse

Dealing with returning rebels and abductees

Gender based violence and child abuse

Functional and literacy and numeracy

Skills training for self reliance

Thank you for your
support.

We really need it!

Presented by J. Waterkeyn
On behalf of CARE Staff,
Gulu Water and Sanitation
Programme

Feb. 2005

